

SPEAKER · INDIANAPOLIS

Dr. Christopher Hyppolite

Child Psychiatrist. Father of 3.

Making sense of kids. Supporting the people raising them.

Straight talk on raising kids, from a Child Psychiatrist.

ABOUT

Dr. Christopher Hyppolite is a fellowship-trained Child and Adolescent Psychiatrist in Indianapolis who trained at Indiana University School of Medicine. A former accountant who went to medical school after a serious health scare at 23, he is a father of 3 who talks about kids' mental health the way he talks at his own kitchen table: plainly, and with something you can use tomorrow.

THE TALKS

FOR STUDENTS · 30–45 MIN

What nobody tells you about asking for help

The questions teenagers are afraid to ask out loud, answered straight. Not a lecture.

FOR PARENTS · 60 MIN

The pressure your kid won't tell you about

How to notice it, what to say instead of "are you okay?", and when to bring someone in.

FOR SCHOOLS & CLINICIANS · 45–60 MIN

Therapy or medication? What families are actually afraid of

The real barriers that keep families from treatment, and what schools, pediatricians, and counselors can do to lower them.

MOST RECENT

800+ high schoolers. One honest hour.

Panelist, Circle City Classic "Our Minds Matter" mental health symposium, hosted by Indiana Black Expo, September 2026. Covered by WRTV Indianapolis.

FORMATS

Student assemblies
Parent nights and workshops
Panels and moderated conversations
Grand rounds and professional education

THE PROMISE

Straight, warm, no lecture. Every audience leaves with something they can say or do the next day.

Booking: christopherhyppolite.com/contact

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